

SAMPLE PROGRAMME



DAY CAMP Language & Adventure plus (10-17yrs)

	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-10.30	Camp Meeting & French Lessons	French Lessons	French Lessons	French Lessons	French Lessons
10.30-11.00	Break + snack				
11.00-12.30	French Lessons	French Lessons	French Lessons	French Lessons	French Lessons
12.30-13.30	Lunch & Free time				
13.30-17.30 Week 1 (inc afternoon snack)	Swimming Pool Trip inc Swimming Test for New Arrivals	White-Water Rafting	Mountain Biking	Tree Top Adventures	Team Games / Treasure Hunt
13.30-17.30 Week 2 (inc afternoon snack)	Swimming Pool Trip Inc Swimming Test for New Arrivals	Canyoning	Climbing	Summer Luge	Team Games at Lake Montriond
16.30-17.30	Optional Private French Lessons				