

Club Altitude 13 - 17 ans

Mon	Tue	Wed	  	
Canyoning	Orienteering	Via Ferrata		
Hat, trainers, swimwear, water bottle	Hat, trainers, water bottle	Hat, trainers, water bottle		
Thu	Fri	NOTES		
Treetop adventure course	Electric mountain biking	Comfy clothes suitable for activities (that can get dirty or wet) • A jumper or fleece depending on the weather conditions • Trainers or walking shoes (that can get dirty or wet) • A waterproof jacket • Vêtements qui ne craignent ni l'eau ni la boue • Sweat ou polaire selon la météo • Tennis ou chaussures de marche qui ne craignent ni l'eau ni la boue • K-way		
Parcours d'accrobranche	VTT électrique			
Hat, trainers, water bottle	Hat, trainers, water bottle			