




Adventure 8-10 ans

Mon	Tue	Wed	  
MTB/Climbing VTT/ l'escalade Hat, sturdy shoes, water bottle	Hiking Randonnée Hat, sturdy shoes, water bottle	MTB/Climbing VTT/ l'escalade Hat, sturdy shoes, water bottle	
Thu	Fri	NOTES	
Orienteering Cours d'orientation Hat, sturdy shoes, water bottle	Hiking Randonnée Hat, sturdy shoes, water bottle	<p>Comfy clothes suitable for activities (that can get dirty or wet)</p> <ul style="list-style-type: none">• A jumper or fleece depending on the weather conditions• Trainers or walking shoes (that can get dirty or wet)• A waterproof jacket <ul style="list-style-type: none">• Vêtements qui ne craignent ni l'eau ni la boue• Sweat ou polaire selon la météo• Tennis ou chaussures de marche qui ne craignent ni l'eau ni la boue• K-way	