

Adventure 8-10 ans

Mon	Tue	Wed	  
MTB/Climbing	MTB/Climbing	Hiking	
VTT/ l'escalade	VTT/ l'escalade	Randonnée	
Hat, sturdy shoes, water bottle	Hat, sturdy shoes, water bottle	Hat, sturdy shoes, water bottle	
Thu	Fri	NOTES	
Orienteering	Mini Olympics	Comfy clothes suitable for activities (that can get dirty or wet) • A jumper or fleece depending on the weather conditions • Trainers or walking shoes (that can get dirty or wet) • A waterproof jacket • Vêtements qui ne craignent ni l'eau ni la boue • Sweat ou polaire selon la météo • Tennis ou chaussures de marche qui ne craignent ni l'eau ni la boue • K-way	
Cours d'orientation	Olympiade		
Hat, sturdy shoes, water bottle	Hat, sturdy shoes, water bottle		