

12-17 year olds Adventure PLUS Activities Weekly Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Swimming Pool	Zipwire course	Mountain Karting	Rafting	SUP Lac Montriond
Week 2	Swimming Pool	Canyoning	VIA FERRATA /Climbing	Rafting	SUP Lac Montriond
Week 3	Swimming Pool	Zipwire course	Mountain Karting	Rafting	SUP Lac Montriond
Week 4	Swimming Pool	Canyoning	VIA FERRATA /Climbing	Rafting	SUP Lac Montriond
Week 5	Swimming Pool	Zipwire course	Mountain Karting	Rafting	SUP Lac Montriond
Week 6	Swimming Pool	Canyoning	VIA FERRATA /Climbing	Rafting	SUP Lac Montriond

• all activities subject to change, activities run 13h30 - 14h30 unless noted otherwise